Here you can see an example of a machine perfectly trammed and ready to run. The image shows the carpenters square sitting flush against the bed of the machine and back of the z axis.

Here is an example of a machine that needs to be trammed. You can see how the square is uneven with the back of the z-axis. There is no gap nearing the top of the square and a considerable spacing nearing the bottom.

Here are the 3 steps to tram and adjust your machine:

1. Loosen the 4 screws on either side of the X-axis extrusion (Part #9 in manual, nearing top of machine).
2. Adjust the x-axis extrusion, pivoting either forward or backward slightly until the z-axis track is even with the square.
3. Tighten the 4 screws on the x-axis in place so that your adjustments from step 2 are true. Run the machine to ensure there is no binding on the X & Z axis.